



**Day 1: 25 Oct 2018, Thursday**

Time	Day 1 Programme (25 Oct)	Speaker	Designation, Institution	Topic
<b>Session 1</b> 0830 - 1000	<b>Symposium 1:</b> Beyond Quality to Value	<b>Plenary Speaker 1:</b> <b>Mr Chan Beng Seng</b>	Group Director, Financial Resource Management, Healthcare Finance (Subvention) and Sector Development and Commissioning, Ministry of Health	Healthcare Financing for an Evolving Singapore
		<b>Plenary Speaker 2:</b> <b>Dr Samir K. Sinha</b> MD, DPhil, FRCPC, AGSF	Director of Geriatrics, Sinai Health System and the University Health Network, Toronto, Canada	Lessons Learned from the Development of Cost-Effective and Integrated Care Models for the Elderly in Toronto, Canada
		Panel Discussion		
1000 – 1030	Morning Teabreak			
<b>Session 2</b> 1030 – 1200	<b>Symposium 2:</b> Beyond Hospital to Community	<b>Plenary Speaker 3:</b> <b>Professor Finbarr C Martin</b>	Emeritus Consultant Geriatrician and Professor of Medical Gerontology King's College London	New Service Models and Frameworks for Geriatric Syndromes of Falls, Frailty and Delirium Management
		<b>Plenary Speaker 4:</b> <b>Mr Ralph Broad</b>	Director, Inclusive Neighbourhoods Ltd and Founder, Local Area Coordination Network	Local Area Coordination: Transformation of Services and Systems – Multiple Evaluations and Learning
		Panel Discussion		
1200 – 1330	Lunch			
<b>Session 3</b> 1330 – 1500	<b>SHBC Opening Ceremony</b>	<b>Keynote Speaker:</b> <b>Prof Martin Marshall</b>	Professor of Healthcare Improvement, University College London; Vice-Chair, Royal College of General Practitioners	Rethinking Care for Diverse Population
1500 – 1530	Afternoon Teabreak			
<b>Session 4</b> 1530 – 1700	<b>Symposium 3:</b> Beyond Healthcare to Health	<b>Plenary Speaker 5:</b> <b>Dr Goh Wei Leong</b>	Chairman & Co-Founder (Chairman, Medical Committee), Healthserve	Health: The Community Calling
		<b>Plenary Speaker 6:</b> <b>A/Prof Federico Girosi</b>	Chief Scientist, Director, Research of the Digital Health CRC; Associate Professor, University of Western Sydney	Microsimulation and Health Policy Making
		Panel Discussion		



**Day 2: 26 Oct 2018, Friday**

Room/ Time	L1 Opal		L2 Peridot				L2 Garnet						
	101 - 102	103 - 104	201	202 - 203	204	205 - 206	212	213	214	215	216 - 217	218	219
Session 5 0830 - 1000	<i>Starts 0900:</i> Education@NHG: Creating a Psychologically Safe Learning Environment 1	Games for Health Innovation Symposium	SHBC Oral Presentations	Population Health 2018	Health Services Research	Primary Care Forum 2018	Mental Health	Geriatric & Rehabilitation Medicine	Sexual Health Symposium	Musculoskeletal	Organisation Development		Protecting Singapore, Containing Contagion: NCID
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Session 7 1330 - 1500	Education@NHG: Creating a Psychologically Safe Learning Environment 2	Games for Health Innovation Symposium	SHBC Oral Presentations	Population Health 2018	Health Services Research	<i>Starts 1400:</i> Primary Care Forum 2018	Mental Health	Palliative Care	Diabetes	Surgery	Organisation Development	Patient-Centred Care Models, Empowerment & Practice	Preventive Medicine
1500 - 1530	Afternoon Teabreak												
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SINGAPORE  
**HEALTH &  
BIOMEDICAL**  
CONGRESS

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**ADDING YEARS  
OF HEALTHY LIFE**

25-26  
OCT 2018

MAX ATRIA  
SINGAPORE EXPO

27  
OCT 2018

LKCMEDICINE  
NOVENA CAMPUS

### Day 3: 27 Oct 2018, Saturday

Time	Programme - 27 October 2018, Saturday Venue: Learning Studio, LKCMedicine
1230 - 1400	Networking Lunch
<i>Session 9</i> 1400 - 1505	Primary Care Forum GP Symposium
1505 - 1530	Networking Teabreak
<i>Session 10</i> 1530 - 1635	Primary Care Forum GP Symposium

## Programme- Day 2 & Day 3

SN	Items	Details																																			
1	<b>Track</b>	<b>Diabetes</b>																																			
2	<b>Track Champion</b>	Dr Phua Eng Joo, Khoo Teck Puat Hospital Dr Seow Cherng Jye, Tan Tock Seng Hospital																																			
3	<b>Synopsis</b>	<p>Diabetes mellitus is a complex chronic disease characterized by high blood glucose levels and is associated with significant morbidity and mortality. As the population ages, more Singaporeans are expected to develop diabetes, adding on to the national health burden. In designing this year's diabetes track programme, we go back to basics by focusing on aspects of healthy living in line with the SHBC congress theme of Adding Healthy Years of Life.</p> <p>In the symposium Exercise and Diabetes Mellitus, we share some of the challenges encountered by persons with diabetes who engage in exercise, and discuss how to overcome these obstacles. The second symposium Living Well with Diabetes is a multidisciplinary session with pearls on healthy eating, enhancing patient engagement and making lifestyle adjustments during travel.</p> <p>Healthcare providers need to be well-prepared in the journey to tackle the tide of diabetes and its attendant complications. We welcome you to join us in making our stand in the War on Diabetes.</p>																																			
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1	Track	<b>Education@NHG: Creating a Psychologically Safe Learning Environment</b>
2	Facilitator	Mr Tong Yee, The Thought Collective
3	Synopsis	<p>The most prevalent theme that has emerged in diverse learning environments across industries, is the need to create psychological safety for each participant in a learning space; even including the teacher or instructor.</p> <p>Powerful learning requires that participants are able to bring the fullness of their presence in a room and take in all that can be offered. Yet, highly stressful schedules, disrupted environments, and complex work dynamics have all contributed to both instructors and students to bring only functional parts of themselves into the classroom. We know that work today demands us to learn beyond cognitive understanding. It also demands emotional resonance, alignment with integrity and the ability to draw relevance with work place realities.</p> <p>How do we create learning environments that facilitate holistic learning? How do we make sure that students experience safety in fully learning as they bring in their questions? What are the barriers to learning that take away safety and learning impact? In this experiential workshop, we will be working with the dynamics that are involved with this learning theme.</p> <p>Target audience: SHBC professionals &amp; Educators in healthcare</p>

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1	Track	<b>Games for Health Innovation Symposium</b>																																											
2	Track Champion	A/Prof Nabil Zary, LKC Medicine Dr Loh Yong Joo, Tan Tock Seng Hospital																																											
3	Synopsis	The 1st Games for Health Innovation Conference is the first conference session organized by gAmes for health InnoVation cEntre (ALIVE), a collaborative centre between NHG and LKC set up since September 2016 to bring together healthcare providers, academic institutions, industry partners with supporting government agencies and community resources in scientific validation, research and implementation of healthcare serious games initiatives for better healthcare outcomes. The focuses for this conference will be on serious games initiatives and applications in healthcare areas like healthcare education, mental health and population health. An interactive session will also be organized to bring together different stakeholders to share with us their experiences and opinions on a controversial topic with regards to healthcare serious games.																																											
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	10	Adding Years of Healthy Life with Games: Making Serious Games Work in Community Healthcare	Mr Lee Seng Beo	CEO	Taggle Health Pte Ltd
	11	Serious Games Design and Development Workshop 101	Facilitator: <ul style="list-style-type: none"> <li>• Dr Ng Kian Bee, Deputy Director, School of Interactive &amp; Digital Media, Nanyang Polytechnics</li> <li>• A/Prof Nabil Zary, Acting Director, Medical Education Research &amp; Scholarship Unit; Co-Director, ALIVE, Games for Health Innovation Centre, Lee Kong Chian School of Medicine</li> <li>• Mr Matt Laird, Product &amp; Game Designer, Creative, Perx Health</li> </ul>		
	12	Panel Discussion: "Serious Games in Healthcare: Just for Fun or Is There Clinical, Research & Business Value?"	Moderator: <ul style="list-style-type: none"> <li>• Dr Loh Yong Joo, Consultant, Dept of Rehabilitation Medicine, TTSH</li> </ul> Panelist: <ul style="list-style-type: none"> <li>• Mr Christopher Kuah, NTF PI for Jintronix Rehab Game</li> <li>• A/Prof Eric Yap, Associate Professor of Human &amp; Micronial Genetics, Lee Kong Chian School of Medicine</li> <li>• Mr Lee Seng Beo, CEO, Taggle Health Pte Ltd</li> <li>• Mr Eric Loh, CEO, Trendlines Medical Singapore Pte. Ltd</li> </ul>		

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2	<b>Track Champion</b>	Dr Justin Chew, Tan Tock Seng Hospital Dr Lee Kok Keng, Yishun Community Hospital																																								
3	<b>Synopsis</b>	<p>This year, the Geriatric Medicine track will focus on two aspects: the first, Frailty and the Patient Journey: How frailty affects a patient's journey across the healthcare system - from illness through recovery to return to the community, passing through many phases and often continuing long after he/she has left the formal, institution-centric healthcare system. We will share the stories of three different patients, which will illustrate that the journey and outcomes often depend as much on the robustness of the person the illness is happening to as the nature of the disease itself or the utilisation of cutting edge treatments.</p> <p>The second symposium will present innovative cross-disciplinary models of care in Geriatrics and Rehabilitation Medicine, putting the spotlight on interdisciplinary rehabilitation in the acute and community hospital, nurse-led initiatives for improving care of the older person in non-Geriatric settings, and exciting collaborations between Geriatric Medicine and General Surgery. We will also discuss the challenges in multidisciplinary collaborations, and share novel findings from our qualitative research on what makes multidisciplinary teams tick.</p>																																								
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		patient outcomes			
8		Shaping Geriatric Nursing Culture in Tan Tock Seng Hospital	1. Ms How Ai Xin 2. Mrs Alma Nicol 3. Ms Ong Poh Poh	1. Nurse Clinician, Nursing Services 2. Senior Staff Nurse, Nursing Services 3. Senior Staff Nurse, Nursing Services	Tan Tock Seng Hospital
9		Interprofessional Communication at Multidisciplinary Rounds in Geriatric Medicine	Ms Tan Keng Teng	Principal Pharmacist, Pharmacy	Tan Tock Seng Hospital

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1	<b>Track</b>	<b>Health Services Research</b>				
2	<b>Track Champion</b>	Ms Tan Woan Shin, National Healthcare Group				
3	<b>Synopsis</b>	Health services & outcomes research is a multi-disciplinary investigation of how clinical, social, technological, organizational, financing and individual factors impact access to care; cost of care and outcome of care. This year, we go back to perspectives of interventions: for patient outcome, population health, provider's performance and policy design.				
4	<b>Topic</b>	<b>SN</b>	<b>Topic</b>	<b>Speaker</b>	<b>Designation</b>	<b>Institution</b>
		1	Health Services Research in Dermatology	Dr Yew Yik Weng	Consultant	National Skin Centre
		2	Health Services Research in Orthopaedics: Moving from Evidence to Practice	Dr Bryan Tan Yijia	Senior Resident, Department of Orthopaedic Surgery	Tan Tock Seng Hospital
		3	Value-Based Care – the Yishun Health Experience	Dr Ng Yeuk Fan	Deputy Director, Corporate Development	Khoo Teck Puat Hospital
		4	Use of HSR in MOH policy making	Dr Kelvin Bryan Tan	Director, Policy, Research & Economics	Ministry of Health
		5	Place of death, wish and reality	Ms Tan Woan Shin	Principal Research Analyst, Health Services & Outcomes Research	National Healthcare Group
		6	Simulating Diabetes Burden Up To 2050 And The Impact Of Diabetes Prevention Program	Dr Zhu Zhecheng	Assistant Director, HSOR	National Healthcare Group
		7	Using Clinical Quality Registries to Improve Care, An Australian Perspective	Dr Arul Earnest	Associate Professor, Biostatistics Unit Senior Biostatistician, Registry Sciences Unit	Monash University
		8	What Simple Utilisation Ratio can do	Mr Teow Kiok Liang	Deputy Director, Health Services & Outcomes Research	National Healthcare Group
		9	Cost Effectiveness Analysis Of Monitoring Paroxysmal Atrial Fibrillation (pAF) among Admitted Ischemic Stroke Patients	Dr Sun Yan	Deputy Director, Health Services & Outcomes Research	National Healthcare Group
		10	Qualitative Research Methods on Social Change: A Singaporean Experience	Dr Andy Ho Hau Yan	Assistant Professor Psychology School of Social Sciences College of Humanities, Arts, & Social Sciences	Nanyang Technological University
		11	How Healthy Is Our Population? Challenges To Measurement	Dr Joseph Molina	Deputy Director, Health Services & Outcomes Research	National Healthcare Group
12	Population Health Index	Dr Yap Chun Wei	Assistant Director, Health Services & Outcomes Research	National Healthcare Group		



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1	<b>Track</b>	<b>Mental Health</b>																																																							
2	<b>Track Champion</b>	Dr Liew Tau Ming, Institute of Mental Health Ms Mavis Seow, Institute of Mental Health																																																							
3	<b>Synopsis</b>	This year, the Mental Health track looks at how we can better support healthcare professionals NOW as we move ahead, in a concerted effort, to fulfill the vision of "Adding years of healthy life" in the FUTURE.  The 4 sessions of the Mental Health track will comprise of the following themes: <ol style="list-style-type: none"> <li>1. You never walk alone: Resilience and burnout in healthcare professionals</li> <li>2. You never walk alone: The experiences of peer support specialist in healthcare</li> <li>3. Future of mental health beyond 2020: Where are we heading?</li> <li>4. Mental health for older persons: Where are we heading?</li> </ol>																																																							
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1	<b>Track</b>	<b>Musculoskeletal</b>				
2	<b>Track Champion</b>	Dr Justina Tan, Tan Tock Seng Hospital Adj Asst Prof James Tan - Khoo Teck Puat Hospital				
3	<b>Synopsis</b>	Musculoskeletal disorders are prevalent health problems in our society today. These disorders can affect people across different ages, from the young to the elderly. Being afflicted with musculoskeletal pain can hinder normal performance at work, activities or in everyday tasks. There is much to be gained by the prevention of these disorders and timely interventions can restore good function and greatly improve the quality of life of our patients. Our two sessions aim to educate participants on how to tackle common pain problems affecting the knee and shoulder respectively.				
4	<b>Topic</b>	<b>SN</b>	<b>Topic</b>	<b>Speaker</b>	<b>Designation</b>	<b>Institution</b>
		1	My knee hurts!! Is it degenerative or inflammatory...?	Dr Mona Manghani	Consultant, Rheumatology, Allergy and Immunology	Tan Tock Seng Hospital
		2	Osteoarthritis knees - an orthopaedic surgeon's perspective	Dr Tan Tong Leng	Associate Consultant, Dept of Orthopaedic Surgery	Tan Tock Seng Hospital
		3	Nursing challenges in managing patients with knee pain / arthritis	Ms Xanthe Chua	Advanced Practiced Nurse, Nursing Services	Tan Tock Seng Hospital
		4	Exercise therapy in Knee Osteoarthritis	Ms Joyce Poh	Senior Physiotherapist	Tan Tock Seng Hospital
		5	Anatomy of Shoulder tendons and the role of Ultrasound-guided injections.	Dr Ong Joo Haw	Consultant, Sports Medicine Centre	Khoo Teck Puat Hospital
		6	Physiotherapy: does it work?	Ms Tan Jia Ling	Physiotherapist	Khoo Teck Puat Hospital
		7	When does the knife come in?	Dr James Tan	Senior Consultant, Dept of Orthopaedic Surgery	Khoo Teck Puat Hospital
		8	Superior Capsule Reconstruction rehabilitation : a case series	Ms Tan Jia Ling	Physiotherapist, Rehabilitation Services	Khoo Teck Puat Hospital
9	Acupuncture : the science, the myth and the reality	Ms Melissa Ong	Acupuncturist, Sports Medicine	Khoo Teck Puat Hospital		



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1	Track	<b>Organisation Development</b>									
2	Track Champion	Ms Koh Huey Bing, Tan Tock Seng Hospital									
3	Synopsis	<p><b>Towards Change Mastery for Healthy Organisations</b></p> <p>Singapore Healthcare faces increasingly complex challenges as we continue to ensure a system that thrives for the patient and population. In the wake of these challenges also lie opportunities as we learn, experiment and innovate toward future models of care.</p> <p>In such an environment, healthcare workers and partners need to be agile, adaptive and masters of change. Those that thrive are quick to read and act on signals of change. They have worked out how to experiment rapidly, frequently with operating models, processes, and tactics. They have built up skills in managing complex multi-stakeholder environments in an increasingly interconnected world. So, just as living organisms continuously adapt (or change) for survival, we likewise need to be organisations that can co-learn, co-create and co-build as a collective that harnesses diversity across boundaries, in order to be healthy.</p> <p>Join with change leaders and practitioners to explore how to lead large scale change across different levels of the System. We are looking for answers to these questions:</p> <ul style="list-style-type: none"> <li>• Why is change mastery imperative in large system, multi-stakeholder collaborations?</li> <li>• What are some new, helpful concepts around change today?</li> <li>• How can we at different levels of the System prepare and help our teams master change?</li> <li>• How do we create the right conditions for successful change?</li> <li>• What processes and tools can we use to lead change?</li> </ul>									
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		<p><b>Session 3 – “Multi-Agency Collaboration”</b></p> <p>Case Studies of Multiple Agency Collaborations</p> <p>Hear from leaders who are driving multiple agency collaborations – what are they experimenting with? Learn from their challenges and successes.</p> <p><b>A. Story of the “Yellow Ribbon Project” and “Dads for Life” Movements</b> The “Yellow Ribbon Project” and the “Focus on the Family” movements shifted the paradigm of community involvement in national movement. Learn what it takes to put a vision in place and set change in motion. What does it take to shift behaviors and mindsets across multiple agencies to build a common vision and commitment to collectively own the problem?</p> <p><b>B. Activity – ‘Perspectives’</b> Do we understand our patient’s perspectives? Explore how the world looks like in the “eyes of the patient and caregiver”.</p> <p><b>C. Story of Central Health and Yishun Health</b> The Regional HS has redefined the way we provide patient care and collaborate with our partners and stakeholders. This involves collaboration beyond the hospital walls with our RHS alliance partners – who include primary care providers, community hospitals, nursing homes, home care providers, hospices and other social service providers – to provide care for the community. Learn first-hand about challenges and solutions to managing large scale change.</p> <p><b>D. Panel Conversation –</b> Multiple Agency Collaborations: Role of Leaders and Leadership</p>	<ol style="list-style-type: none"> <li>1. Mr Jason Wong, Founder, “Yellow Ribbon Project” and “Dads For Life” Movements</li> <li>2. A/Prof Ian Leong, Clinical Director, Central Health</li> <li>3. Dr Wong Sweet Fun, Chief Transformation Officer &amp; Deputy Chairman Medical Board, Yishun Health</li> <li>4. Ms Loh Shu Ching, Executive Director, Central Health</li> <li>5. Panel Conversation with our team of speakers</li> </ol>
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1	Track	<b>Comprehensive Chronic Pain Management</b>																				
2	Track Champion	Adj A/Prof Edwin Seet, Khoo Teck Puat Hospital																				
3	Synopsis	<p>Chronic pain is a major challenge for clinicians as well as for the Individuals who suffer from it. Multidisciplinary (or interdisciplinary) pain management embraces a combination of medical, physical and psychological therapies and is the most effective way to improve function and mood, and reduce disability. It is also known as a bio-psycho-social approach because it aims to address all the factors that influence the pain experience.</p> <p>Multidisciplinary pain management involves a team of health professionals who will comprehensively assess the condition and help patient to achieve goals. The aim of this symposium is to provide overview and create awareness about various treatment options for managing chronic pain. This includes medications and opioids are one tool for managing chronic pain but carry significant risk when misused. Improving the way opioids are prescribed can ensure patients have access to safer, more effective chronic pain treatment while reducing the number of patients who misuse, abuse or overdose from it. Interventional techniques involve injections into or around pain generators like peripheral nerves, major joints or various levels of spine. Psychological treatments like CBT (cognitive behavioral therapy) helps patient to address patterns of thinking and behavior. Physical therapy guided by physiotherapist or occupational therapist promote active self-management strategies to increase individual’s ability to work and function, perform household duties and simply enjoy life.</p>																				
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		of Non-Cancer Pain		Services	
4		Interventional Treatments for Common Pain Conditions	Dr Ashutosh Joshi	Associate Consultant, Dept of Anaesthesia	Khoo Teck Puat Hospital

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1	Track	<b>Palliative Care</b>				
2	Track Champion	Adj Asst Prof Mervyn Koh, Tan Tock Seng Hospital				
3	Synopsis	<p>Palliative Care has traditionally been associated with cancer patients. However in the past decade there has been an increasing need and focus on caring for non-cancer patients as well. In this track, we will have Palliative Care Experts share about their experience in caring for non-cancer patients in the Community.</p> <p>These programmes include: Program DIGNITY – which looks at care of patients with ADVANCED DEMENTIA. Program IMPACT – caring for patients with END-STAGE ORGAN FAILURE and iCARE – meant for patients with END-STAGE LUNG DISEASES.</p>				
4	Topic	SN	Topic	Speaker	Designation	Institution
		1	Palliative Care for End-Stage Lung Diseases – iCARE Programme	Adj Asst Prof Neo Han Yee	Consultant, Department of Palliative Medicine	Tan Tock Seng Hospital
		2	Palliative Care for End-Stage Organ Failure – Program IMPACT	Dr Lee Khar Suan	Medical Officer, Department of Palliative Medicine	Tan Tock Seng Hospital
		3	Palliative Care for Advanced Dementia – Program DIGNITY	Adj Asst Prof Allyn Hum	Senior Consultant, Department of Palliative Medicine	Tan Tock Seng Hospital



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1	Track	<b>Patient-Centred Care Models, Empowerment &amp; Practice</b>				
2	Track Champion	Dr Doreen Tan, Khoo Teck Puat Hospital				
3	Synopsis	The ever increasing healthcare challenges require a rethink of the current model of care delivery. Both patients and providers can be further empowered to meet those needs, either by patient activation via shared decision making with healthcare providers or the newly minted National Collaborative Prescribing Programme respectively.				
4	Topic	SN	Topic	Speaker	Designation	Institution
		1	Patient Activation & Engagement	Prof Tai E Shyong	Senior Consultant, Division of Endocrinology	National University Hospital
		2	The "Year Of Care" Pilot At Nuh – Engaging People Living With Diabetes Through Personalised Care Planning	Dr Yew Tong Wei	Consultant, Division of Endocrinology	National University Health
		3	Development of Patient Decision Support Aid (PDA) for Shared Decision Making	Adj A/Prof Tan Ngiap Chuan	Director, Research, Family Medicine	SingHealth Polyclinics
		4	Panel discussion: Pitfalls and Joys in the way which we work	1. Prof Tai E Shyong 2. Prof Tan Ngiap Chuan 3. Dr Yew Tong Wei 4. Ms Ng Kai Xin		
		5	How the NCPP initiative supports the change in care models	Dr Doreen Tan	Chief Pharmacist & Associate Consultant, Pharmacy Department; Cardiology Specialist Pharmacist	Khoo Teck Puat Hospital
		6	The path towards NCPP, the road less travelled	Prof Kenneth Kwek	CEO, Executive Office	Singapore General Hospital
		7	NCPP Panel Discussion – Primary Care Model of Care	1. Ms Ong Soo Imm, Principal Pharmacist (Clinical), National Healthcare Group Pharmacy 2. Dr Jeremy Foo Fung Yee, Associate Consultant, National Healthcare Group Polyclinics 3. Ms Carolyn Chan, Assistant Director, Nursing Services; Advance Practice Nurse, National Healthcare Group Polyclinics 4. Ms Debra Chan, Senior Pharmacist, TTSH 5. Dr Brenda Lim, Associate Consultant, Department of Endocrinology, TTSH 6. Mr Ng Boon Tat, Principal Pharmacist (Clinical), IMH 7. Dr Jimmy Lee, Senior Consultant; Chief, North Region, IMH		
		8	Air your thoughts (Open Forum)	All Speakers		
9	The National Collaborative Prescribing Programme – The Road Less Travelled	A/Prof Tham Kum Ying	Senior Consultant Emergency Physician Tan Tock Seng Hospital, and Assistant Dean Year 5 and Lead for Emergency Medicine	Tan Tock Seng Hospital		



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1	Track	<b>Population Health Symposium 2018</b>																																												
2	Track Champion	Mr Eugene Yuen, Population Health Office (PHO), National Healthcare Group																																												
3	Synopsis	<p>The Population Health Symposium 2018 aims to draw together international and local experts in population health implementation with the aim of creating a collaborative learning environment, via insightful lectures and panel discussions – in support of the development and implementation of innovative health care delivery models.</p> <p>Along with a focus on extracting learning from initiatives and projects implemented in care segments of our population whom are “Living Well” and ‘Living with Frailty”, we aim to offer a spectrum of international and local implementation insights to promote population health and health equity.</p> <p>Target audience that for this symposium would be clinicians, researchers, administrators and other health care professionals.</p>																																												
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2	Track Champion	A/Prof Angela Chow, Tan Tock Seng Hospital Dr Lim Wei Yen, Tan Tock Seng Hospital																																			
3	Synopsis	This track focuses on preventive medicine at the population level. The first session will focus on national efforts to improve health behaviours in the community – looking at risk factor assessment, the science of programme implementation, and how we may sustain healthy practices. The second session looks at how we can preserve health and physical functioning in the elderly. A common thread that runs through both sessions is the recognition that successful preventive medicine requires a multidisciplinary approach that taps on the expertise and experience of a wide variety of professionals.																																			
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2	Track Champion	Dr Darren Seah, National Healthcare Group Polyclinics																																																												
3	Synopsis	<p>Primary Care Forum 2018 is an annual conference for Primary Care Healthcare professionals held in conjunction with the Singapore Health and Biomedical Congress.</p> <p>Our theme for this year is "Primary Care: Integration &amp; Innovation for the Future." In this forum we aim to focus on Innovations and Improvements that will transform primary care to achieve greater heights.</p> <p>The shift of moving healthcare beyond hospital to community has ignited both private and public primary healthcare professionals to collaborate ever closer together in research and patient care. Care delivery redesign underpinned with new Smart technology aims to disrupt the current modus operandi of how healthcare will be delivered in the future primary care setting. Technology and artificial intelligence have also empowered patients to be more proactive in taking charge of their own health and enable institutions to achieve seamless health delivery outcomes across the different transitions of care.</p> <p>There is an increasing challenge to primary care practitioners and healthcare system as our rapidly ageing population with rising prevalence of multiple morbidity require of us to creatively think out of box for value-based solutions that is cost effective and grounded in scientific evidence.</p> <p>As we continue to manage more complex patients in the community setting, primary care clinicians are faced with increasingly difficult scenarios that are beyond the medical realm. In our GP symposium, we will have GP leaders share on how they are able to engage with providers from other sectors to manage patients effectively in the primary care setting.</p>																																																												
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	12	Automation with the Consumer in Mind	Mr Tan Lye Teck	Executive bVice President, Airport Management	Changi Airport Group

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1	Track	<b>Primary Care Forum GP Symposium</b>				
2	Track Champion	Dr Darren Seah, NHGP				
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		1	Vaccines in the Tropics: What Do Adults Need?	Dr Young Barnaby Edward	Consultant, Infectious Diseases;	National Centre for Infectious Diseases (NCID), Tan Tock Seng Hospital
		2	Advanced Therapeutics for Complex Diabetics	A/Prof Tavintharan Subramaniam	Director and Senior Consultant, Diabetes Centre	Admiralty Medical Centre
		3	Active Aging: The GP's Role in the Golden Ages	Adj A/Prof Leong Yi Onn Ian	Senior Consultant, Geriatric Medicine Deputy Divisional Chairman, Integrative & Community Care Clinical Director, Division for Central Health Continuing and Community Care	Tan Tock Seng Hospital
4	An Update on Paediatric Ophthalmology: Keeping the Red Flags in Sight	Dr Foo Fong Yee	Senior Consultant, Ophthalmology, National Healthcare Group Eye Institute	Tan Tock Seng Hospital		



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1	Track	<b>Protecting Singapore, Containing Contagion : The National Centre for Infectious Diseases (NCID)</b>																				
2	Track Champion	Dr Ray Lin, Tan Tock Seng Hospital																				
3	Synopsis	The inaugural NCID track this year will focus on past and present local-regional outbreaks and explore the concepts behind the design of NCID for its role as the centre for managing and containing future outbreaks in Singapore.																				
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1	Track	<b>Sexual Health Symposium</b>																																													
2	Track Champion	Dr Benson Yeo, Consultant , National Skin Centre																																													
3	Synopsis	This year's Sexual Health Symposium is split into two sessions. The first session is on behavioural sciences, focusing on the sexual behaviour of and effective interventions for at risk groups including adolescents, female sex workers and the LGBTQ community. The second session provides an update on research in STI and HIV, developments and clinical experience in selected sexually transmitted infections, as well as exploring the impact of drug abuse on STI.																																													
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		5	Impact of Substance Abuse on Sexual Behaviour and STI: A Psychotherapeutic Approach	Ms Carol Thow	Psychotherapist, Department of Sexually Transmitted Infections Clinic	National Skin Centre																																									
		6	Socio-behavioural approaches to HIV/STI research	Mr Rayner Tan Ji Tan	Ph.D. Candidate	National University of Singapore																																									
7	An update on HPV	Dr Coni Liu	Consultant	National Skin Centre																																											
8	Syphilis and its myriad presentation	Dr Martin Chio	Senior Consultant	National Skin Centre																																											



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1	Track	<b>Surgery</b>																																																										
2	Track Champion	A/ Prof Reyaz M. Singaporewalla, KTPH Adj Asst Prof Sharon Yeo, TTSH																																																										
3	Synopsis	<p>The 1<sup>st</sup> session would highlight the new update in Surgery in KTPH. There will be discussion on the recent shift in paradigm to metabolic surgery and its effectiveness in diabetes remission. In addition, In an era of rising health-care costs and meeting patient expectations, we outline the role and benefits of running a ONE-STOP thyroid clinic.</p> <p>For the 2<sup>nd</sup> session, it will be divided into 2 broad topics on The Pelvic Floor Service in TTSH (Urology &amp; Colorectal Surgery in TTSH and Managing Hepatocellular cancer in today's context. The first topic will highlight the prevalence of incontinence and functional voiding dysfunction of both bladder and bowel in Singapore, and the integrated clinical service we provide at TTSH. Multidisciplinary approach to patient care, from assessment to new services and treatments available for urinary and fecal incontinence.</p> <p>Speakers include :</p> <ul style="list-style-type: none"> <li>- Urologist</li> <li>- Colorectal surgeon</li> <li>- Continence nurse</li> <li>- Physiotherapist</li> </ul> <p>The 2<sup>nd</sup> topic will outline on current epidemiology of HCC in Singapore and update on the latest management options that patient with early and advanced HCC patients are offered at TTSH. Session will include multidisciplinary case discussion with hepatobiliary surgeon and interventional radiologist.</p>																																																										
4	Topic	<table border="1"> <thead> <tr> <th>SN</th> <th>Topic</th> <th>Speaker</th> <th>Designation</th> <th>Institution</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>"Quadruple " Assessment in a ONE-STOP Thyroid Clinic</td> <td>A/ Prof Reyaz M. Singaporewalla</td> <td>Senior Consultant, General Surgery</td> <td>Khoo Teck Puat Hospital</td> </tr> <tr> <td>2</td> <td>Indications and benefits of Bariatric &amp; Metabolic Surgery, Integrating care for Diabetes</td> <td>Dr Tan Chun Hai</td> <td>Consultant, General Surgery</td> <td>Khoo Teck Puat Hospital</td> </tr> <tr> <td>3</td> <td>Surgical Floor for Inpatient Management: establish, Engage and Empower: 3E Approach to Improve Outcomes</td> <td>Adj A/Prof Surendra Mantoo</td> <td>Senior Consultant; Dept of Surgery</td> <td>Khoo Teck Puat Hospital</td> </tr> <tr> <td>4</td> <td>Faecal Incontinence: Causes, Evaluation And Management</td> <td>Dr Loong Tse Han</td> <td>Consultant, Colorectal Surgery</td> <td>Tan Tock Seng Hospital</td> </tr> <tr> <td>5</td> <td>Bladder Dysfunction and Urinary Incontinence</td> <td>Adj Asst Prof Sharon Yeo</td> <td>Senior Consultant, Department of Urology</td> <td>Tan Tock Seng Hospital</td> </tr> <tr> <td>6</td> <td>The Role of the Nurse Clinician in our Pelvic Floor Service</td> <td>Ms Karen Chng</td> <td>Nurse Clinician, Nursing Service</td> <td>Tan Tock Seng Hospital</td> </tr> <tr> <td>7</td> <td>The Role of the Physiotherapist in our Pelvic Floor Service</td> <td>Ms Ivy Ho Wei Fang</td> <td>Senior Physiotherapist</td> <td>Tan Tock Seng Hospital</td> </tr> <tr> <td>8</td> <td>Surgeons and Hepatocellular cancer (HCC)</td> <td>Dr Low Jee Keem</td> <td>Senior Consultant, Hepatopancreatobiliary Service, Department of General Surgery</td> <td>Tan Tock Seng Hospital</td> </tr> <tr> <td>9</td> <td>Interventional Radiologists and Hepatocellular cancer (HCC)</td> <td>A/Prof Pua Uei</td> <td>Senior Consultant, Department of Diagnostic Radiology</td> <td>Tan Tock Seng Hospital</td> </tr> <tr> <td rowspan="2">10</td> <td rowspan="2">Multidisciplinary Case Discussion</td> <td>Dr Low Jee Keem</td> <td>Senior Consultant, Hepatopancreatobiliary Service, Department of General Surgery</td> <td>Tan Tock Seng Hospital</td> </tr> <tr> <td>A/Prof Pua Uei</td> <td>Senior Consultant, Department of Diagnostic Radiology</td> <td>Tan Tock Seng Hospital</td> </tr> </tbody> </table>	SN	Topic	Speaker	Designation	Institution	1	"Quadruple " Assessment in a ONE-STOP Thyroid Clinic	A/ Prof Reyaz M. Singaporewalla	Senior Consultant, General Surgery	Khoo Teck Puat Hospital	2	Indications and benefits of Bariatric & Metabolic Surgery, Integrating care for Diabetes	Dr Tan Chun Hai	Consultant, General Surgery	Khoo Teck Puat Hospital	3	Surgical Floor for Inpatient Management: establish, Engage and Empower: 3E Approach to Improve Outcomes	Adj A/Prof Surendra Mantoo	Senior Consultant; Dept of Surgery	Khoo Teck Puat Hospital	4	Faecal Incontinence: Causes, Evaluation And Management	Dr Loong Tse Han	Consultant, Colorectal Surgery	Tan Tock Seng Hospital	5	Bladder Dysfunction and Urinary Incontinence	Adj Asst Prof Sharon Yeo	Senior Consultant, Department of Urology	Tan Tock Seng Hospital	6	The Role of the Nurse Clinician in our Pelvic Floor Service	Ms Karen Chng	Nurse Clinician, Nursing Service	Tan Tock Seng Hospital	7	The Role of the Physiotherapist in our Pelvic Floor Service	Ms Ivy Ho Wei Fang	Senior Physiotherapist	Tan Tock Seng Hospital	8	Surgeons and Hepatocellular cancer (HCC)	Dr Low Jee Keem	Senior Consultant, Hepatopancreatobiliary Service, Department of General Surgery	Tan Tock Seng Hospital	9	Interventional Radiologists and Hepatocellular cancer (HCC)	A/Prof Pua Uei	Senior Consultant, Department of Diagnostic Radiology	Tan Tock Seng Hospital	10	Multidisciplinary Case Discussion	Dr Low Jee Keem	Senior Consultant, Hepatopancreatobiliary Service, Department of General Surgery	Tan Tock Seng Hospital	A/Prof Pua Uei	Senior Consultant, Department of Diagnostic Radiology	Tan Tock Seng Hospital
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